

Beefy Barley Soup (serves 6)

Ingredients:

- 8 cups water
- 4 teaspoons beef bouillon granules
- 1 cup dried barley
- 2 tablespoons dried chopped onion
- 2 tablespoons dried chopped carrots
- 2 tablespoons dried chopped celery
- 2 teaspoons dried oregano
- 2 teaspoons dried parsley
- 1 bay leaf
- salt and pepper to taste

In a medium saucepan bring the water and bouillon granules to a boil. Add remaining ingredients. Return to a boil. Lower temperature and simmer for about 3 hours or until barley is tender. Add a little more water if necessary. Add salt and pepper to taste.