

Homemade Egg Noodles - (page 1 of 2)

Ingredients:

- 1 1/3 cups sifted dried whole egg
- 3/4 cup water
- 2 cups sifted flour (whole wheat or white)
- 1/2 cup spinach dried or fresh (optional)
- 1 1/2 teaspoon salt

Sift dry ingredients together. add water to the dry ingredients and mix well. The spinach can be added at this time. If dried spinach is used, reconstitute it first. Knead the dough lightly. Divide into 6 pieces. Roll each piece very thin on a floured board. Cut rolled out dough into strips 3 inches wide.

(continued on page 2)