

Instant Oatmeal Packets (6 packets)

Ingredients:

- 1 1/2 cups instant oatmeal
- 3/4 cup powdered oats
- 1/2 cup powdered milk
- 1/2 cup flavored apple bits (strawberry, peach or apple)
- 1/4 cup sweetened drink mix (lemonade, peach or apple drink)

1. To make powdered oats, blend 3/4 cup of oats in the blender until powdery.
2. Add all ingredients together and blend well.
3. Divide ingredients into 6 zip lock baggies (1/2 cup each).
4. To make oatmeal packets add 1 packet to 1 cup water. Cook over medium heat until thickened. Or cook in the microwave for 2 minutes.
5. Serve with milk and a little sugar.

Variations: Substitute the flavored apple bits and fruit drink for the following - 1/2 cup brown sugar and 1/4 cup raisins; 1/2 cup dried peach flavored apple bits and 1/4 cup powdered milk and 1 teaspoon sugar to taste; 1/2 cup dried strawberries, 1/4 cup powdered milk and 1 teaspoon cinnamon and 1 teaspoon sugar to taste.