

Oriental Fried Rice

Ingredients:

- 5 cups cooked white or brown rice
- 4 eggs (or 10 tablespoons dried egg powder mixed with 10 tablespoons water)
- 1 teaspoon salt
- 1 teaspoon garlic seasoning
- 1 cup sliced mushrooms (or reconstituted dried mushrooms)
- 1 cup mung beans (or other) sprouts
- 3 1/4 cup butter (or reconstituted butter powder)
- 1/2 cup peas (or reconstituted dried peas)
- 2 cups diced chicken (or reconstituted chicken TVP)

Beat eggs and spices with fork until blended. Mix cooked rice with eggs in a skillet. Stir over low heat until eggs are cooked. Remove from heat. Add butter, sprouts, peas, mushrooms, and chicken, stir gently. Do not allow mushrooms and sprouts to cook all the way through. Serve.