

## Pinto Bean Punch

### Ingredients:

- 3 1/2 cups strained pinto bean juice
- 2 cups orange juice
- 2 cups pineapple juice
- 3 cups hot water
- 2 packages of lime Jell-O
- 1 quart 7-Up or Sprite

Mash up about 6 cups of cooked pinto beans, strain. Use the juice, not the pulp.  
Dissolve Jell-O in hot water. Add juices. Chill. Just before serving, add 7-Up or Sprite.