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Ingredients:

- 1 1/2 cups beef flavored TVP
- 2 tablespoon dried onion
- 3 cups water

Simmer in a skillet until onion is tender and all the water is absorbed. The TVP can be mixed half and half with hamburger if desired. Place the TVP mixture in a casserole dish. Spread the mashed potatoes on the top of the burger. Top the potatoes with cheese and bake for 15 minutes at 450° F until potatoes and cheese are brown.