

Red Kidney Beans and Rice - page 1 of 2

Ingredients:

- 2 1/3 cups (1 pound) red kidney beans
- 3 cups water
- 1/2 teaspoon salt
- 2 or 3 ham hocks
- 1 medium onion, chopped
- 1 garlic clove, minced
- 1 celery stalk with leaves, chopped
- 1 bay leaf
- 1 pound sausage
- 2 cups cooked brown rice
- 1 cup chopped green onion
- 1 cup grated cheddar cheese

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