

3 Day Responder

# Apple Cinnamon Oatmeal

**100% Natural** whole grain rolled oats.



800-409-5633

3 Day Responder

# Tropical Fruit Medley

**INGREDIENTS:** Banana Slices, Coconut Oil, Pineapple Dices,  
Mango Dices, Papaya Dices



800-409-5633

3 Day Responder

**ALLERGENS: Wheat and Soy**

## Vegetable Beef Stew

**INGREDIENTS:** Dehydrated Potatoes, Carrots, Green Beans, Green Peas, Onions, Tomato, Parsley, Corn Starch, Autolyzed Yeast Extract, Salt, TVP (Soy Flour, Caramel Color), Soybean Oil, Salt, Hydrolyzed Corn-Soy-Wheat Protein, Garlic And Spices.



800-409-5633

3 Day Responder

# Mashed Potatoes

**INGREDIENTS:** Potatoes

A logo for "3 Day Responder" featuring the text in a glowing blue, ethereal font with a misty, blue background. The text is centered and has a soft, glowing effect around it.

3 Day Responder

**Allergen  
Information:**  
Contains Soy, Dairy.

# Cheesy Chicken Rice Casserole

DIRECTIONS: Organic Palm Oil, Organic Brown Rice Syrup Solids, Organic Sugar, Organic Skim Milk Solids, Whey, Maltodextrin, Textured Soy Flour, Soybean Oil, Autolyzed Yeast Extract, Hydrolyzed Corn Protein, Sunflower Oil, Salt, Sodium Citrate, Organic Lecithin, Natural Flavor, Thiamine Hydrochloride, Garlic, Dextrose, Tapioca Dextrin, Disodium Phosphate, Annatto Extract, Disodium Inosinate, Disodium Guanylate, Spices and Turmeric Extract.\*

\*Contains less than 2% Silicon Dioxide as an anti-caking agent.



800-409-5633